

Policy Information

Series F - Students

STUDENT WELFARE NUTRITIONAL/VENDING

Policy # FDE

NUTRITIONAL

Carbon School District recognizes that students need adequate, nourishing food in order to grow, learn and maintain good Health. The school board also recognizes that significant research proves that there is a direct positive correlation between adequate nutrition, physical activity and academic success.

The State Core Curriculum has objectives to implement physical fitness and healthy lifestyles at every grade level. Carbon School Board of Education supports the principles of proper nutrition and establishes the following policy to support our belief in maintaining good health standards for our students.

1. The Food Service Department shall develop a plan to maximize the use of basic fresh foods that emphasize fruits, vegetables and salad bars, whole grains and dairy foods which are low in fat, added sugars and sodium.
2. When beverages are sold to children there should be healthy choices of milk, water or fruit juices available. Water bottles may be allowed in classrooms at the teacher's discretion.
3. Teachers are encouraged to decrease the use of food and candy as a reward and not use food as a punishment for students. This does not include food for special events or celebration.
4. Each school shall have a nutrition education plan, providing information on good nutrition to students and parents. (Health Core Curriculum).

VENDING

Carbon School District recognizes the monetary help that vending machines give to the schools. The district also recognizes the need to have schools monitor the vending machines to see that the majority of the items sold through the vending machines have nutritional value. Vending machines will not be made available to students in elementary schools. Vending machines in junior high schools will not be available while lunch is being served.

As per R277-719-3 each school that chooses to use vending machines shall have a written policy which shall include:

VENDING

1. Requirements for written agreements with each company that owns a vending machine placed within the building. Each agreement shall be renewed and approved by the Carbon County Board of Education yearly. The contract will stipulate the amount of time that the vending machine will be in the school, the contents of the machine and the percentage of sales from the vending machine the school will receive for having the vendor in the building.

2. How monies will be receipted and accounted for and the process for giving periodic reports to the school district of the vending machine receipts and expenditures.

3. Policy for all foods sold on campus during the school day that are not part of the reimbursable lunch, breakfast, or afterschool snack programs that states:

A. Foods or drinks will not contain more than 300 calories per serving.

B. 50% of the drinks offered from machines will be water, 100% fruit juice, or non-carbonated or non-caffeinated.

C. Foods or drinks will contain less than 200 milligrams of sodium per serving, not including 100% fruit or vegetable juices.

4. A written explanation of how the funds that are received from vending machines will be used.

CONCESSION STANDS

Concessions may be used as fund raisers at extra-curricular activities that are held after school hours, however the Board of Education would encourage those in charge of these fund raising events use nutritional foods also.

Adoption Date: 2/11/2009
F - Students
