

Planned Menu Spreadsheet

Portion Values

Aug 24, 2017 thru Sep 30, 2017

Menu Name: Lunch Elementary, CVC

Include Cost: Yes

Site: All Sites

Report Style: Detailed

Thursday - 08/24/2017

Reimbursable Meal Total 40

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Cost
990047 Chicken, Tenders, Strips, Tyson	2 pcs	35	160	2	8.00	\$0.000
990056 Potato, Cheesy: CSD	1/2 Cup	36	71	*0	5.92	\$0.000
000550 Roll, Dinner 1.5oz:CSD	1 Roll	40	134	3	25.42	\$0.000
000453 Beans, Green 1/2c: CSD	1/2 cup	48	20	2	4.00	\$0.000
000419 Fruit, Mixed, Mission Pride:CSD	1/2 cup	52	61	11	17.27	\$0.000
000203 Margarine, Land O Lakes, 5g: CSD	1 Cont.	40	20	0	0.00	\$0.000
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	4	260	*N/A*	27.00	\$0.000
000598 Milk, 1%, Choc, Straw CSD 2/17	1 Carton	170	116	*3	18.10	\$0.000
000201 Dressing, Ranch, Lite:CSD	1 Pack	0	45	0	1.00	\$0.000
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	48	35	7	8.10	\$0.000
000474 BBQ Sauce:SC 1-15	ea	20	40	*N/A*	10.00	\$0.000
990059 Sandwich, Cheese, Alt K-8	1 Sandwich	1	275	*N/A*	24.00	\$0.000
001093 Applesauce, Sysco: CSD	1/2 cup	1	82	16	21.00	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Cost
000443 Bean, Black, 3/4c: CSD	3/4 cup	13	163	*N/A*	29.81	\$0.000
Weighted Daily Average			1105	*43	170.17	\$0.000
% of Calories				*15.6%	61.6%	
Weekly Nutrient Guideline			550 - 650			

Friday - 08/25/2017

Reimbursable Meal Total 36

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Cost
000493 Pizza Ripper assort: SC 12-14	Slice	33	640	*N/A*	62.00	\$0.000
990020 Potato, Tater Tots Ore-ida 1/17	9 pcs	35	146	*N/A*	18.55	\$0.000
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	40	35	7	8.10	\$0.000
990055 Carrot, Baby, Raw .5 cup: CSD 3/21	1/2 cup	48	20	*N/A*	4.62	\$0.000
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	55	60	12	14.00	\$0.000
000571 Donut, Whole Grain:SC 12-14	ea	36	230	*N/A*	31.00	\$0.000
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	3	260	*N/A*	27.00	\$0.000
000598 Milk, 1%, Choc, Straw CSD 2/17	1 Carton	108	116	*3	18.10	\$0.000
000201 Dressing, Ranch, Lite:CSD	1 Pack	56	45	0	1.00	\$0.000
990059 Sandwich, Cheese, Alt K-8	1 Sandwich	0	275	*N/A*	24.00	\$0.000
001093 Applesauce, Sysco: CSD	1/2 cup	0	82	16	21.00	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Cost
990058 Carrots, Diced, Frozen 3/4c: CSD	3/4 cup	0	40	*N/A*	8.46	\$0.000
Weighted Daily Average			1556	*35	200.52	\$0.000
% of Calories				*9.0%	51.5%	
Weekly Nutrient Guideline			550 - 650			

Monday - 08/28/2017

Reimbursable Meal Total 36

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Cost
000547 Bun, Hamburger 4" WW:SC 12-14	ea	36	140	*N/A*	26.00	\$0.000
000119 Beef Patty, JTM 4 oz	1 Patty	35	235	*N/A*	2.00	\$0.000
001049 Cheese, American, SI:SC 12-14	slice	30	0	*N/A*	0.00	\$0.000
990044 Onion Rings, Breaded: CSD 3/17	5 Rings	35	200	5	28.00	\$0.000
000616 Potato, Stealth Fries:SC 12-14	4 oz	35	189	*N/A*	29.70	\$0.000
000464 Celery, raw:6/11	1/4 c	0	6	0	1.10	\$0.000
000440 Carrot, Baby, Raw: CSD 3/21	1/4 cup	34	20	*N/A*	4.62	\$0.000
001093 Applesauce, Sysco: CSD	1/2 cup	49	82	16	21.00	\$0.000
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	40	35	7	8.10	\$0.000
000183 BarBQue Sauce	ea	28	61	*N/A*	14.33	\$0.000
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	4	260	*N/A*	27.00	\$0.000

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Cost
000598 Milk, 1%, Choc, Straw CSD 2/17	1 Carton	106	116	*3	18.10	\$0.000
990059 Sandwich, Cheese, Alt K-8	1 Sandwich	0	275	*N/A*	24.00	\$0.000
001093 Applesauce, Sysco: CSD	1/2 cup	0	82	16	21.00	\$0.000
990058 Carrots, Diced, Frozen 3/4c: CSD	3/4 cup	0	40	*N/A*	8.46	\$0.000
Weighted Daily Average			1335	*44	193.43	\$0.000
% of Calories				*13.2%	58.0%	
Weekly Nutrient Guideline			550 - 650			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.