

Planned Menu Spreadsheet

Portion Values

Oct 2, 2017 thru Oct 31, 2017

Menu Name: Breakfast
Site: All Sites

Include Cost: No
Report Style: Detailed

Monday - 10/02/2017

Reimbursable Meal Total 968

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000627 Sausage, Pancake stick CSD 2/17	ea	513	200	*N/A*	24.00
000587 Syrup, Americana: CSD	each	453	110	*N/A*	30.00
000510 Yogurt, assort:SC 12-14	4 oz	324	180	*N/A*	38.00
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	590	60	12	14.00
000477 Cereal, Cold 1/17	serving	596	90	*N/A*	18.80
000615 Breakfast Bar:SC 12-14	ea	63	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	946	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	13590	128	*5	19.20
Weighted Daily Average			2174	*75	344.64
% of Calories				*13.8%	63.4%
Weekly Nutrient Guideline			450 - 500		

Tuesday - 10/03/2017

Reimbursable Meal Total 88

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990042 Sandwich, Breakfast Egg, Ham, Cheese CSD 2/17	Sandwich	34	330	*N/A*	25.43
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	102	60	12	14.00
000477 Cereal, Cold 1/17	serving	54	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	50	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	0	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	80	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	190	128	*5	19.20
Weighted Daily Average			685	*24	113.36
% of Calories				*14.0%	66.2%
Weekly Nutrient Guideline			450 - 500		

Wednesday - 10/04/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000400 Pizza, Breakfast 1/17	slice	1	210	*N/A*	37.00
000438 PEARS:SC 12-14	1/2 cup	1	60	*N/A*	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00

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000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			868	*5	169.00
% of Calories				*2.3%	77.9%
Weekly Nutrient Guideline			450 - 500		

Thursday - 10/05/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990029 Pancakes, Eggo Maple Bites: CSD	Package (8 pcs)	1	220	12	36.63
000587 Syrup, Americana: CSD	each	1	110	*N/A*	30.00
990031 Sausage, Link, Pork: CSD 2/17	Serv (1 link)	1	90	0	0.00
000419 Fruit, Mixed, Mission Pride:CSD	1/2 cup	1	61	11	17.27
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			1079	*27	201.90
% of Calories				*10.0%	74.8%
Weekly Nutrient Guideline			450 - 500		

Friday - 10/06/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000579 French Toast Sticks:SC 12-14	Serv (4 pcs)	1	300	*N/A*	43.00
000587 Syrup, Americana: CSD	each	1	110	*N/A*	30.00
008360 Apple Slices, raw, USDA:6/11 *RESIZED*	4 oz	1	70	*N/A*	18.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			1078	*5	209.00
% of Calories				*1.9%	77.6%
Weekly Nutrient Guideline			450 - 500		

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Oct 2, 2017 thru Oct 31, 2017

Monday - 10/09/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000627 Sausage, Pancake stick CSD 2/17	ea	1	200	*N/A*	24.00
000587 Syrup, Americana: CSD	each	1	110	*N/A*	30.00
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			968	*17	186.00
% of Calories				*7.0%	76.9%
Weekly Nutrient Guideline			450 - 500		

Tuesday - 10/10/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990027 Sandwich, Breakfast Egg, Sausage, Cheese CSD 2/17	Sandwich	1	411	*N/A*	26.00
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80

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000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			1069	*17	158.00
% of Calories				*6.4%	59.1%
Weekly Nutrient Guideline			450 - 500		

Wednesday - 10/11/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000400 Pizza, Breakfast 1/17	slice	1	210	*N/A*	37.00
000438 PEARS:SC 12-14	1/2 cup	1	60	*N/A*	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			868	*5	169.00
% of Calories				*2.3%	77.9%
Weekly Nutrient Guideline			450 - 500		

Thursday - 10/12/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990029 Pancakes, Eggo Maple Bites: CSD	Package (8 pcs)	1	220	12	36.63
000587 Syrup, Americana: CSD	each	1	110	*N/A*	30.00
990031 Sausage, Link, Pork: CSD 2/17	Serv (1 link)	1	90	0	0.00
000419 Fruit, Mixed, Mission Pride:CSD	1/2 cup	1	61	11	17.27
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			1079	*27	201.90
% of Calories				*10.0%	74.8%
Weekly Nutrient Guideline			450 - 500		

Friday - 10/13/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000579 French Toast Sticks:SC 12-14	Serv (4 pcs)	1	300	*N/A*	43.00
000587 Syrup, Americana: CSD	each	1	110	*N/A*	30.00
008360 Apple Slices, raw, USDA:6/11 *RESIZED*	4 oz	1	70	*N/A*	18.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			1078	*5	209.00
% of Calories				*1.9%	77.6%
Weekly Nutrient Guideline			450 - 500		

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Oct 2, 2017 thru Oct 31, 2017

Monday - 10/16/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990030 OATMEAL, Dinosaur Egg: CSD 2/17	Serving (1/2c)	1	190	14	37.00
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
001093 Applesauce, Sysco: CSD	1/2 cup	1	82	16	21.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			870	*35	176.00
% of Calories				*16.1%	80.9%
Weekly Nutrient Guideline			450 - 500		

Tuesday - 10/17/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990042 Sandwich, Breakfast Egg, Ham, Cheese CSD 2/17	Sandwich	1	330	*N/A*	25.43
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC	4 oz	1	180	*N/A*	38.00

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12-14					
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			988	*17	157.43
% of Calories				*6.9%	63.7%
Weekly Nutrient Guideline			450 - 500		

Wednesday - 10/18/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000400 Pizza, Breakfast 1/17	slice	1	210	*N/A*	37.00
000438 PEARS:SC 12-14	1/2 cup	1	60	*N/A*	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			868	*5	169.00
% of Calories				*2.3%	77.9%
Weekly Nutrient Guideline			450 - 500		

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Monday - 10/23/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000627 Sausage, Pancake stick CSD 2/17	ea	1	200	*N/A*	24.00
000587 Syrup, Americana: CSD	each	1	110	*N/A*	30.00
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			968	*17	186.00
% of Calories				*7.0%	76.9%
Weekly Nutrient Guideline			450 - 500		

Tuesday - 10/24/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990027 Sandwich, Breakfast Egg, Sausage, Cheese CSD 2/17	Sandwich	1	411	*N/A*	26.00
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80

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000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			1069	*17	158.00
% of Calories				*6.4%	59.1%
Weekly Nutrient Guideline			450 - 500		

Wednesday - 10/25/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000400 Pizza, Breakfast 1/17	slice	1	210	*N/A*	37.00
000438 PEARS:SC 12-14	1/2 cup	1	60	*N/A*	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			868	*5	169.00
% of Calories				*2.3%	77.9%
Weekly Nutrient Guideline			450 - 500		

Thursday - 10/26/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990029 Pancakes, Eggo Maple Bites: CSD	Package (8 pcs)	1	220	12	36.63
000587 Syrup, Americana: CSD	each	1	110	*N/A*	30.00
990031 Sausage, Link, Pork: CSD 2/17	Serv (1 link)	1	90	0	0.00
000419 Fruit, Mixed, Mission Pride:CSD	1/2 cup	1	61	11	17.27
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			1079	*27	201.90
% of Calories				*10.0%	74.8%
Weekly Nutrient Guideline			450 - 500		

Friday - 10/27/2017

Reimbursable Meal Total 201

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
000579 French Toast Sticks:SC 12-14	Serv (4 pcs)	121	300	*N/A*	43.00
000587 Syrup, Americana: CSD	each	101	110	*N/A*	30.00
008360 Apple Slices, raw, USDA:6/11 *RESIZED*	4 oz	81	70	*N/A*	18.00
000477 Cereal, Cold 1/17	serving	81	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	49	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	190	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	477	128	*5	19.20
Weighted Daily Average			705	*11	123.99
% of Calories				*6.2%	70.3%
Weekly Nutrient Guideline			450 - 500		

Planned Menu Spreadsheet

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Oct 2, 2017 thru Oct 31, 2017

Tuesday - 10/31/2017

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)
990042 Sandwich, Breakfast Egg, Ham, Cheese CSD 2/17	Sandwich	1	330	*N/A*	25.43
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00
000477 Cereal, Cold 1/17	serving	1	90	*N/A*	18.80
000510 Yogurt, assort:SC 12-14	4 oz	1	180	*N/A*	38.00
000615 Breakfast Bar:SC 12-14	ea	1	140	*N/A*	28.00
000611 Juice, assorted:SC 12-14	ea	1	60	*N/A*	14.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	1	128	*5	19.20
Weighted Daily Average			988	*17	157.43
% of Calories				*6.9%	63.7%
Weekly Nutrient Guideline			450 - 500		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.