

Planned Menu Spreadsheet

Portion Values

Feb 1, 2018 thru Feb 28, 2018

Menu Name: Lunch Elementary

Include Cost: No

Site: All Sites

Report Style: Detailed

Thursday - 02/01/2018

Reimbursable Meal Total 405

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Protn (g)
000600 Hot Dog, with Bun:SC 12-14	Sandwich	110	260	*N/A*	21.00	11.00
000616 Potato, Stealth Fries:SC 12-14	4 oz	175	189	*N/A*	29.70	2.70
008320 Chili w/Beans:SC 12-14 *RESIZED*	1/2 cup	160	185	*N/A*	17.50	9.50
000241 Cheese, Cheddar Shredded: CSD 3/17	1 oz	0	86	*N/A*	0.51	8.10
001093 Applesauce, Sysco: CSD	1/2 cup	0	82	16	21.00	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	150	35	7	8.10	0.00
001179 Mustard Packet, Heinz: CSD	1 Packet	30	5	*N/A*	0.00	0.00
000015 Mayonnaise packet :SC 12-14	1 Packet	30	40	*N/A*	0.00	0.00
000125 Sandwich, PB&J, Strawberry Uncrustable:CSD	Sandwich	95	291	14	31.04	8.73
000606 Cheese, String, Bongard's:CSD	1 Stick	95	90	0	1.00	7.00
000623 Crackers:SC 1/16	ea	95	120	*N/A*	24.00	2.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Protn (g)
000598 Milk, 1%, Choc, Straw CSD 2/17	1 Carton	456	116	*3	18.10	8.00
Weighted Daily Average			490	*9	61.97	21.07
% of Calories				*7.3%	50.6%	17.2%
Weekly Nutrient Guideline			550 - 650			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.