

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

**Menu Name:** Lunch Elementary, CVC

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Thursday - 02/01/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000600 Hot Dog, with Bun:SC 12-14	Sandwich	1	260	*N/A*	21.00	11.00
000616 Potato, Stealth Fries:SC 12-14	4 oz	1	189	*N/A*	29.70	2.70
008320 Chili w/Beans:SC 12-14 *RESIZED*	1/2 cup	1	185	*N/A*	17.50	9.50
990070 Cheese Sauce, Cheddar, Nacho 1oz: CSD 2/17	1 oz	1	60	1	1.10	3.85
001093 Applesauce, Sysco: CSD	1/2 cup	1	82	16	21.00	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
001179 Mustard Packet, Heinz: CSD	1 Packet	1	5	*N/A*	0.00	0.00
000015 Mayonnaise packet :SC 12-14	1 Packet	1	40	*N/A*	0.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1240	*24	146.85	45.04
% of Calories				*7.7%	47.4%	14.5%
Weekly Nutrient Guideline			550 - 650			

### Friday - 02/02/2018

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000493 Pizza Ripper assort: SC 12-14	3 Sticks	1	320	*N/A*	31.00	19.00
990020 Potato, Tater Tots Ore-ida 1/17	9 pcs	1	146	*N/A*	18.55	1.95
008298 CARROT BABY RAW:SC 12-14 *RESIZED*	1/2 cup	1	40	*N/A*	9.24	0.71
000419 Fruit, Mixed, Mission Pride:CSD	1/2 cup	1	61	11	17.27	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
000201 Dressing, Ranch, Lite:CSD	1 Pack	1	45	0	1.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1030	*18	133.61	39.66
% of Calories				*7.0%	51.9%	15.4%
Weekly Nutrient Guideline			550 - 650			

**Tuesday - 02/06/2018**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000624 Chicken, Lemongrass: CSD	4 oz	1	150	*N/A*	19.00	11.00
990060 Rice, Brown 1c: 1/17	1 cup	1	39	*0	7.61	0.87
008294 Broccoli, Frozen, Cuts 1/2c: CSD 1/17	1/2 cup	1	12	*N/A*	2.00	1.00
000213 Carrots, Diced, Frozen: CSD	1/2 cup	1	27	*N/A*	5.64	0.42

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## Weighted Values

000417 Pears, Canned 1/2: Gov/CSD	1/2 cup	1	28	*N/A*	7.52	0.09
000610 Jello, assorted:SC 12-14	.5 cup	1	70	*N/A*	17.00	1.00
000492 Topping, Whipped:SC 12-14	2 Tblsp	1	25	*N/A*	2.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
<b>Weighted Daily Average</b>			<b>734</b>	<b>*0</b>	<b>109.22</b>	<b>32.38</b>
<b>% of Calories</b>				<b>*0%</b>	<b>59.5%</b>	<b>17.6%</b>
<b>Weekly Nutrient Guideline</b>			<b>550 - 650</b>			

### Wednesday - 02/07/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
990047 Chicken, Tenders, Strips, Tyson	2 pcs	1	160	2	8.00	13.00
990056 Potato, Cheesy: CSD	1/2 Cup	1	71	*0	5.92	4.67
000550 Roll, Dinner 1.5oz:CSD	1 Roll	1	134	3	25.42	4.01
000453 Beans, Green 1/2c: CSD	1/2 cup	1	20	2	4.00	1.00
000419 Fruit, Mixed, Mission Pride:CSD	1/2 cup	1	61	11	17.27	0.00
000203 Margarine, Land O Lakes, 5g: CSD	1 Cont.	1	20	0	0.00	0.00
000201 Dressing, Ranch, Lite:CSD	1 Pack	1	45	0	1.00	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
000474 BBQ Sauce:SC 1-15	ea	1	40	*N/A*	10.00	0.00

# Base Menu Spreadsheet

## Weighted Values

000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			969	*25	128.17	40.68
% of Calories				*10.3%	52.9%	16.8%
Weekly Nutrient Guideline			550 - 650			

### Thursday - 02/08/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000462 Nacho Chips:SC 12-14	serving (10 ea)	1	140	*N/A*	19.00	2.00
008320 Chili w/Beans:SC 12-14 *RESIZED*	1/2 cup	1	185	*N/A*	17.50	9.50
990038 Crumble, Cooked, Pork	1/3 cup	1	160	0	1.00	12.00
000595 Cheese Sauce, Cheddar, Nacho: CSD 2/17	2 oz	1	121	1	2.20	7.69
000614 Pepper, Jalapeno:SC 12-14	3 Tab	1	5	*N/A*	1.00	0.00
001040 Salsa:SC 12-14	1/4 cup	1	22	*N/A*	4.33	0.93
000529 Corn, frozen:SC 12-14	1/2 cup	1	67	*N/A*	15.92	2.10
008360 Apple Slices, raw, USDA:6/11 *RESIZED*	4 oz	1	70	*N/A*	18.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1153	*1	127.40	52.22
% of Calories				*0.3%	44.2%	18.1%
Weekly Nutrient Guideline			550 - 650			

### Friday - 02/09/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000493 Pizza Ripper assort: SC 12-14	3 Sticks	1	320	*N/A*	31.00	19.00
990020 Potato, Tater Tots Ore-ida 1/17	9 pcs	1	146	*N/A*	18.55	1.95
990055 Carrot, Baby, Raw .5 cup: CSD 3/21	1/2 cup	1	20	*N/A*	4.62	0.36
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00	0.00
000201 Dressing, Ranch, Lite:CSD	1 Pack	1	45	0	1.00	0.00
000571 Donut, Whole Grain:SC 12-14	ea	1	230	*N/A*	31.00	3.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1239	*19	156.72	42.31
% of Calories				*6.1%	50.6%	13.7%
Weekly Nutrient Guideline			550 - 650			

### Saturday - 02/10/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
990047 Chicken, Tenders, Strips, Tyson	2 pcs	1	160	2	8.00	13.00
990056 Potato, Cheesy: CSD	1/2 Cup	1	71	*0	5.92	4.67
000550 Roll, Dinner 1.5oz:CSD	1 Roll	1	134	3	25.42	4.01
000453 Beans, Green 1/2c: CSD	1/2 cup	1	20	2	4.00	1.00
000419 Fruit, Mixed, Mission Pride:CSD	1/2 cup	1	61	11	17.27	0.00
000203 Margarine, Land O Lakes, 5g: CSD	1 Cont.	1	20	0	0.00	0.00
000201 Dressing, Ranch, Lite:CSD	1 Pack	1	45	0	1.00	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
000474 BBQ Sauce:SC 1-15	ea	1	40	*N/A*	10.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			969	*25	128.17	40.68
% of Calories				*10.3%	52.9%	16.8%
Weekly Nutrient Guideline			550 - 650			

### Monday - 02/12/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000547 Bun, Hamburger 4" WW:SC 12-14	ea	1	140	*N/A*	26.00	6.00
000119 Beef Patty, JTM 4 oz	1 Patty	1	235	*N/A*	2.00	22.00
001049 Cheese, American, SI:SC 12-14	slice	1	0	*N/A*	0.00	0.00
990057 LETTUCE,GRN LEAF,RAW	1 Leaf	1	4	0	0.69	0.33
990044 Onion Rings, Breaded: CSD 3/17	5 Rings	1	200	5	28.00	3.00
000616 Potato, Stealth Fries:SC 12-14	4 oz	1	189	*N/A*	29.70	2.70
000464 Celery, raw:6/11	1/4 c	1	6	0	1.10	0.26
000440 Carrot, Baby, Raw: CSD 3/21	1/4 cup	1	20	*N/A*	4.62	0.36
001093 Applesauce, Sysco: CSD	1/2 cup	1	82	16	21.00	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
000183 BarBQue Sauce	ea	1	61	*N/A*	14.33	0.00
001179 Mustard Packet,	1 Packet	1	5	*N/A*	0.00	0.00

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## Weighted Values

Heinz: CSD						
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1360	*29	183.99	52.64
% of Calories				*8.5%	54.1%	15.5%
Weekly Nutrient Guideline			550 - 650			

### Tuesday - 02/13/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
008331 Chicken, Orange 4oz: CSD	4 oz	1	214	*N/A*	18.37	12.24
990060 Rice, Brown 1c: 1/17	1 cup	1	39	*0	7.61	0.87
008294 Broccoli, Frozen, Cuts 1/2c: CSD 1/17	1/2 cup	1	12	*N/A*	2.00	1.00
000213 Carrots, Diced, Frozen: CSD	1/2 cup	1	27	*N/A*	5.64	0.42
000417 Pears, Canned 1/2: Gov/CSD	1/2 cup	1	28	*N/A*	7.52	0.09
000610 Jello, assorted:SC 12-14	.5 cup	1	70	*N/A*	17.00	1.00
000492 Topping, Whipped:SC 12-14	2 Tblsp	1	25	*N/A*	2.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00



# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			798	*0	108.59	33.63
% of Calories				*0%	54.4%	16.9%
Weekly Nutrient Guideline			550 - 650			

### Wednesday - 02/14/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
001003 Spaghetti, Gov:SC 12-14	1/2 cup	1	174	1	34.93	6.10
000170 Sauce, Spaghetti, Redpack: CSD	2 oz	1	25	3	5.00	1.67
990046 Meatballs, Chicken, Tyson: CSD 3/17	3 Pieces	1	180	0	6.00	15.99
000550 Roll, Dinner 1.5oz:CSD	1 Roll	1	134	3	25.42	4.01
990037 Beans, Green, 3/4c	3/4 cup	1	30	3	6.00	1.50
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00	0.00
000203 Margarine, Land O Lakes, 5g: CSD	1 Cont.	1	20	0	0.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1387	*22	188.25	65.27
% of Calories				*6.3%	54.3%	18.8%
Weekly Nutrient Guideline			550 - 650			

### Thursday - 02/15/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000392 Corn Dog, Turkey (1):CSD	1 ea	1	270	*N/A*	27.00	10.00
000215 Beans, Baked: CSD	1/2 cup	1	150	15	31.00	6.00
000593 Potato, Twister:CSD	4 oz	1	108	*N/A*	13.50	1.35
001093 Applesauce, Sysco: CSD	1/2 cup	1	82	16	21.00	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
001179 Mustard Packet, Heinz: CSD	1 Packet	1	5	*N/A*	0.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1033	*39	149.05	35.35
% of Calories				*15.1%	57.7%	13.7%
Weekly Nutrient Guideline			550 - 650			

# Base Menu Spreadsheet

Weighted Values

Feb 1, 2018 thru Feb 28, 2018

**Saturday - 02/17/2018**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
001003 Spaghetti, Gov:SC 12-14	1/2 cup	1	174	1	34.93	6.10
000170 Sauce, Spaghetti, Redpack: CSD	2 oz	1	25	3	5.00	1.67
990046 Meatballs, Chicken, Tyson: CSD 3/17	3 Pieces	1	180	0	6.00	15.99
000550 Roll, Dinner 1.5oz:CSD	1 Roll	1	134	3	25.42	4.01
990037 Beans, Green, 3/4c	3/4 cup	1	30	3	6.00	1.50
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00	0.00
000203 Margarine, Land O Lakes, 5g: CSD	1 Cont.	1	20	0	0.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1387	*22	188.25	65.27
% of Calories				*6.3%	54.3%	18.8%
Weekly Nutrient Guideline			550 - 650			

**Tuesday - 02/20/2018**

**Reimbursable Meal Total 1**

# Base Menu Spreadsheet

## Weighted Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000588 Chicken, Teriyaki 4oz: CSD	4 oz	1	183	*N/A*	6.86	17.14
990060 Rice, Brown 1c: 1/17	1 cup	1	39	*0	7.61	0.87
008294 Broccoli, Frozen, Cuts 1/2c: CSD 1/17	1/2 cup	1	12	*N/A*	2.00	1.00
000213 Carrots, Diced, Frozen: CSD	1/2 cup	1	27	*N/A*	5.64	0.42
000438 PEARS:SC 12-14	1/2 cup	1	60	*N/A*	14.00	0.00
000610 Jello, assorted:SC 12-14	.5 cup	1	70	*N/A*	17.00	1.00
000492 Topping, Whipped:SC 12-14	2 Tblsp	1	25	*N/A*	2.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			798	*0	103.56	38.43
% of Calories				*0%	51.9%	19.3%
Weekly Nutrient Guideline			550 - 650			

### Wednesday - 02/21/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000631 Chicken, Drumstick 6/16	Drumstick	1	190	*N/A*	5.00	16.00
990032 Potato, Mashed Idahoan 1/2c: CSD	1/2 cup	1	73	0	14.58	1.62
000448 Gravy Country:CSD	1/4 cup	1	35	*N/A*	6.00	1.00
000550 Roll, Dinner	1 Roll	1	134	3	25.42	4.01

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1.5oz:CSD						
990037 Beans, Green, 3/4c	3/4 cup	1	30	3	6.00	1.50
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00	0.00
000203 Margarine, Land O Lakes, 5g: CSD	1 Cont.	1	20	0	0.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
<b>Weighted Daily Average</b>			<b>924</b>	<b>*18</b>	<b>119.45</b>	<b>42.13</b>
<b>% of Calories</b>				<b>*7.8%</b>	<b>51.7%</b>	<b>18.2%</b>
<b>Weekly Nutrient Guideline</b>			<b>550 - 650</b>			

**Thursday - 02/22/2018**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000600 Hot Dog, with Bun:SC 12-14	Sandwich	1	260	*N/A*	21.00	11.00
008323 Chili, Canned: CSD 3/17	6 oz	1	255	*N/A*	24.10	13.08
000241 Cheese, Cheddar Shredded: CSD 3/17	1 oz	1	86	*N/A*	0.51	8.10
000529 Corn, frozen:SC 12-14	1/2 cup	1	67	*N/A*	15.92	2.10
000218 Apple Slices, raw, USDA:6/11	2 oz	1	35	*N/A*	9.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1085	*N/A*	118.98	52.28
% of Calories				*N/A*	43.9%	19.3%
Weekly Nutrient Guideline			550 - 650			

### Friday - 02/23/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000493 Pizza Ripper assort: SC 12-14	3 Sticks	1	320	*N/A*	31.00	19.00
990020 Potato, Tater Tots Ore-ida 1/17	9 pcs	1	146	*N/A*	18.55	1.95
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
008298 CARROT BABY RAW:SC 12-14 *RESIZED*	1/2 cup	1	40	*N/A*	9.24	0.71
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00	0.00
000571 Donut, Whole Grain:SC 12-14	ea	1	230	*N/A*	31.00	3.00
000201 Dressing, Ranch, Lite:CSD	1 Pack	1	45	0	1.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00

# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1259	*19	161.34	42.66
% of Calories				*6.0%	51.3%	13.6%
Weekly Nutrient Guideline			550 - 650			

### Monday - 02/26/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
990035 Sandwich, Chicken Pattie	1 Sandwich	1	480	*N/A*	42.00	33.00
990057 LETTUCE,GRN LEAF,RAW	1 Leaf	1	4	0	0.69	0.33
001068 Pickle, Dill:SC 12-14	5 slices	1	0	*N/A*	0.00	0.00
000616 Potato, Stealth Fries:SC 12-14	4 oz	1	189	*N/A*	29.70	2.70
008370 Celery, raw:6/11 *RESIZED*	1/2 cup	1	12	1	2.21	0.51
001093 Applesauce, Sysco: CSD	1/2 cup	1	82	16	21.00	0.00
000015 Mayonnaise packet :SC 12-14	1 Packet	1	40	*N/A*	0.00	0.00
001179 Mustard Packet, Heinz: CSD	1 Packet	1	5	*N/A*	0.00	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
000212 Cheese, Pita 3 oz	3 oz sand.	1	260	*N/A*	27.00	10.00

# Base Menu Spreadsheet

## Weighted Values

Elem:6/11						
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1612	*25	200.59	72.54
% of Calories				*6.2%	49.8%	18.0%
Weekly Nutrient Guideline			550 - 650			

## Tuesday - 02/27/2018

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000624 Chicken, Lemongrass: CSD	4 oz	1	150	*N/A*	19.00	11.00
990060 Rice, Brown 1c: 1/17	1 cup	1	39	*0	7.61	0.87
008294 Broccoli, Frozen, Cuts 1/2c: CSD 1/17	1/2 cup	1	12	*N/A*	2.00	1.00
000213 Carrots, Diced, Frozen: CSD	1/2 cup	1	27	*N/A*	5.64	0.42
000417 Pears, Canned 1/2: Gov/CSD	1/2 cup	1	28	*N/A*	7.52	0.09
000610 Jello, assorted:SC 12-14	.5 cup	1	70	*N/A*	17.00	1.00
000492 Topping, Whipped:SC 12-14	2 Tblsp	1	25	*N/A*	2.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00



# Base Menu Spreadsheet

## Weighted Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000478 Milk assorted *H1*:6/11	ea	1	122	*N/A*	21.45	8.00
Weighted Daily Average			1116	*0	157.67	50.38
% of Calories				*0%	56.5%	18.1%
Weekly Nutrient Guideline			550 - 650			

### Wednesday - 02/28/2018

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000343 Chicken Nuggets:SC 12-14	5 each	1	263	*N/A*	16.30	16.30
990032 Potato, Mashed Idahoan 1/2c: CSD	1/2 cup	1	73	0	14.58	1.62
000448 Gravy Country:CSD	1/4 cup	1	35	*N/A*	6.00	1.00
000550 Roll, Dinner 1.5oz:CSD	1 Roll	1	134	3	25.42	4.01
000453 Beans, Green 1/2c: CSD	1/2 cup	1	20	2	4.00	1.00
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	1	60	12	14.00	0.00
000203 Margarine, Land O Lakes, 5g: CSD	1 Cont.	1	20	0	0.00	0.00
000474 BBQ Sauce:SC 1-15	ea	1	40	*N/A*	10.00	0.00
000236 Ketchup, Single Sauce Masters:CSD	1 Packet	1	35	7	8.10	0.00
000201 Dressing, Ranch, Lite:CSD	1 Pack	1	45	0	1.00	0.00
000212 Cheese, Pita 3 oz Elem:6/11	3 oz sand.	1	260	*N/A*	27.00	10.00
000478 Milk assorted	ea	1	122	*N/A*	21.45	8.00

# Base Menu Spreadsheet

## Weighted Values

*H1*:6/11						
Weighted Daily Average			1108	*24	147.85	41.93
% of Calories				*8.7%	53.4%	15.1%
Weekly Nutrient Guideline			550 - 650			

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.