

Planned Menu Spreadsheet

Portion Values

Feb 1, 2018 thru Feb 28, 2018

Menu Name: Breakfast
Site: All Sites

Include Cost: No
Report Style: Detailed

Thursday - 02/01/2018

Reimbursable Meal Total 1114

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Protn (g)
990029 Pancakes, Eggo Maple Bites: CSD	Package (8 pcs)	487	220	12	36.63	4.19
000587 Syrup, Americana: CSD	each	487	110	*N/A*	30.00	0.00
990078 Bacon, Turkey, Precooked: CSD	3 Slices	314	60	0	1.00	5.00
000419 Fruit, Mixed, Mission Pride:CSD	1/2 cup	377	61	11	17.27	0.00
000477 Cereal, Cold 1/17	serving	387	90	*N/A*	18.80	1.20
000510 Yogurt, assort:SC 12-14	4 oz	177	180	*N/A*	38.00	6.00
000615 Breakfast Bar:SC 12-14	ea	55	140	*N/A*	28.00	2.00
000611 Juice, assorted:SC 12-14	ea	664	60	*N/A*	14.00	0.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	997	128	*5	19.20	8.80
Weighted Daily Average			399	*13	74.73	12.58
% of Calories				*13.0%	74.9%	12.6%
Weekly Nutrient Guideline			450 - 500			

Friday - 02/02/2018

Reimbursable Meal Total 104

Planned Menu Spreadsheet

Portion Values

Feb 1, 2018 thru Feb 28, 2018

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Protn (g)
000579 French Toast Sticks:SC 12-14	Serv (4 pcs)	50	300	*N/A*	43.00	6.00
000587 Syrup, Americana: CSD	each	50	110	*N/A*	30.00	0.00
008360 Apple Slices, raw, USDA:6/11 *RESIZED*	4 oz	63	70	*N/A*	18.00	0.00
000477 Cereal, Cold 1/17	serving	54	90	*N/A*	18.80	1.20
000510 Yogurt, assort:SC 12-14	4 oz	41	180	*N/A*	38.00	6.00
000615 Breakfast Bar:SC 12-14	ea	0	140	*N/A*	28.00	2.00
000611 Juice, assorted:SC 12-14	ea	80	60	*N/A*	14.00	0.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	0	128	*5	19.20	8.80
Weighted Daily Average			403	*0	81.51	5.87
% of Calories				*0%	80.9%	5.8%
Weekly Nutrient Guideline			450 - 500			

Tuesday - 02/13/2018

Reimbursable Meal Total 131

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	Carb (g)	Protn (g)
990027 Sandwich, Breakfast Egg, Sausage, Cheese CSD 2/17	Sandwich	46	411	*N/A*	26.00	21.00
000378 Peaches, Diced, Del Monte 1/2c: CSD	1/2 cup	66	60	12	14.00	0.00
000477 Cereal, Cold 1/17	serving	85	90	*N/A*	18.80	1.20
000510 Yogurt, assort:SC 12-14	4 oz	14	180	*N/A*	38.00	6.00

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000615 Breakfast Bar:SC 12-14	ea	0	140	*N/A*	28.00	2.00
000611 Juice, assorted:SC 12-14	ea	151	60	*N/A*	14.00	0.00
990028 Milk, Breakfast Assort. CSD 2/17	1 carton	137	128	*5	19.20	8.80
Weighted Daily Average			455	*11	68.66	18.00
% of Calories				*9.7%	60.4%	15.8%
Weekly Nutrient Guideline			450 - 500			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.